

Planting activity for a sunny day in the garden 😊

What you'll need:

Plant pots, seeds, compost, spade and watering can, paper and pens for making a label

This is how to do it (but you may think of other ways to differentiate):

1. Choose the seeds
For non-verbal children, you may want to use finger-pointing or eye pointing to the packet of seed.
2. Fill up the pots with the compost.
You may want to sit at a table outside, in a standing frame, long sitting on the floor or even high kneeling at a footstool on the lawn.
3. Make a hole for the seeds
Use isolated index finger or even a
4. Pick up and plant the seeds
Use a flat hand to pour some of the seeds onto, then pick one up using a pincer grasp and drop it into the hole.
5. Pat the soil down using flat hand.
You could try to do it with left then the right hand too, just to be sure. 😊
6. Water the plant, put it to a sunny spot.
7. If you would like to, you can make your label to stick on either the pot or on a stick to put in it. Here is a link to some downloadable colouring pages and other gardening resources for children you might like to use:
<https://www.sparklebox.co.uk/topic/roleplay/shops/garden.html>
8. ENJOY watching it grow!

Here are some photos of how Erika and Jack got on with their sunflower planting earlier.

We'd love to see some of your photos too, and please keep us posted on how your garden grows! 😊



☺

Choose the seeds



Flat hands for holding the seeds...



...and pincer grasp to pick up the seeds.



Keep watering it and keep it in the sun to watch it grow. ☺